

# what should I do ?

What are my greatest fears?

How will I cope?

How will this decision affect

1. my baby's father
2. my parents
3. my brothers/sisters
4. my older children
5. my friends
6. my future relationships
  - my future partner
  - my future children

How will I be affected?

1. mentally/psychologically
2. emotionally
3. physically

What will be the practical consequences of my decision?

1. work
2. financial
3. future plans
4. socially

What are the positive things about being pregnant?

What are the negative things about being pregnant?

How will I feel	my options			
	single parent	abortion	adoption	marriage
<b>now</b>				
<b>1 year</b>				
<b>5 years</b>				
<b>10 years</b>				

decisions to make

choices

to look at

outcomes

to consider